

IBFA 2019 ROMA BEGINNERS GRAND PRIX Saturday 2 November	<u>ENTRY FORM</u>	IBFA 2019 ROMA BEGINNERS GRAND PRIX Saturday 2 November
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SURNAME	
NAME	
CLASS	

WOMEN		MEN	
1	MS BIKINI	1	MEN PHYSIQUE
2	MS BIKINI Over 35 (1984 and before)	2	MEN PHYSIQUE Over 35 (1984 and before)
3	MS BIKINI Over 45 (1974 and before)	3	CLASSIC PHYSIQUE SMALL Class -170cm
		4	CLASSIC PHYSIQUE MEDIUM Class 170 /178cm
		5	CLASSIC PHYSIQUE TALL Class +178cm

I DECLARE; 1: To possess Medical Sports Certificate.
 2: To NOT have won any bodybuilding show..
 3: Music Tracks, Accepted CD and USB Pen-Drive, (only Classic Physique)
 Respect the current copyrights laws.

SIGNATURE _____

OVERALL CONDITIONS:

Location: Pala Cavicchi - Roma - Sala 4-5 - Via Ranuccio Bianchi Bandinelli 130
 Roma Ciampino Zona Industriale.

Contest Saturday November 2nd 2019, Start 20.00 – 8.00 pm

Registrations Saturday November 2nd 2019 18.00 – 19.30 6.00-7.30 pm
 Pala Cavicchi Roma Sala 4-5 Via Ranuccio Bianchi Bandinelli 130
 Roma Ciampino Zona Industriale.

ENTRY FEE 50€ (free 1 pass) TIKET 15 € at box office.

MS BIKINI: Just Bikini, Shoes, NO Routine.

MEN PHYSIQUE: Just Shorts, NO Routine.

CLASSIC PHYSIQUE Men – Black BOXER, Compulsory poses, Routine 60 sec.

AWARDS: Statue 1 place, Plates 2 to 6 place, Diploma to mall competitor.

Email, bfilizola@alice.it nfo@ibfasport.com 3342579932